

How to Choose a Saint Confirmation Saint Paper

Confirmation is a special gift of Christ through the Church, designed to empower us to better live out the Gospel call to each one of us. Part of that calling is to recognize ourselves as members of Christ's Body the Church, and to live that out, as we were created to do.

Fundamentally, we were created to be saints! This is how we are to live out our calling and our purpose. Any life that is not lived in pursuit of sainthood is a life that is not doing what it is supposed to do. We are created to be united with God forever in heaven, in a perfect communion with all the saints of history. We might not all be called to be famous saints, but we are all called to be saints, nonetheless.

For this reason, the Church has urged that we embrace a Confirmation saint to be a guide and intercessor on our life's journey to heaven. We need all the help we can get! This saint can be someone whose life and/or teaching you look up to or embrace. Perhaps the saint shares a common interest or passion that you do. Perhaps instead, that saint shares a trait or patronage that you desire for your own life; you may wish to humbly ask their intercession for that particular trait or virtue.

Choosing a Confirmation saint is an important aspect of the experience of preparing to receive the Sacrament of Confirmation. It is important to understand the life of that saint and how their life affected others.

Explanation:

For Confirmation each student candidate must choose a Confirmation name. Candidates may use their baptismal name or select a saint's name. The saint should hold personal significance for the student. The student should strive to be more like the saint in his/her qualities or the way the saint followed God.

The purpose of this paper is for the student to reflect on his/her choice of their saint for their Confirmation Name.

Paper Topic - Why I chose this saint for my Confirmation Name

Guidelines:

- Please write in complete sentences and try to follow all grammar rules.
- Your research paper will consist of at least 2 paragraphs.
 - 1st Paragraph should be about the saint, their life, history, miracles, etc.
 - 2nd Paragraph should be about why you chose the saint. What connection do you have to him/her and what do you hope to gain from choosing him/her.
- Each paragraph should contain 5-10 meaningful sentences (A conclusion sentence in each paragraph would also help you tie the ideas together).
- While there is no length requirement (in terms of the number of pages or words), you need to answer each question fully and follow the essay format on the back.
- The paper is to be typed.
- Helpful hints on how to get started are on the back of this paper.

How to Choose a Saint Where to Begin

Choosing a saint for Confirmation can be overwhelming. There are thousands of saints recognized by the Catholic Church, with more than 1,000 of them actually canonized by the Church. It could take years to research all of these saints to find 1 to choose for Confirmation.

Follow these steps to help narrow your search:

1. Create lists of important people, dates, and things you are interested in.
2. Research saints based on these lists you made.
3. Pray about which of these saints to choose.

It does not matter if you choose a male or female saint. Be open to whichever saint you feel a connection with.

Lists: (Try to come up with at least 5 of each, but don't limit yourself.)

Important People in My Life

1. _____
2. _____
3. _____
4. _____
5. _____

Dates That Have Special Meaning to Me

1. _____
2. _____
3. _____
4. _____
5. _____

Things I'm Interested In

1. _____
2. _____
3. _____
4. _____
5. _____

Saints I've Heard of Before:

1. _____
2. _____
3. _____
4. _____
5. _____

Research:

Use one of the following to find saints associated with the things you put on your list.

Catholic Online –
www.catholic.org/saints/



EWTN Catholic Television
<https://www.ewtn.com/catholicism/saints>



Use your public or school library to look for books on the Lives of the Saints.

Do NOT just “Google” saints! You need to ensure that the information is coming from a recognized, Catholic source.